Body treatment "Raspberry explosion"

Raspberry body scrub, raspberry massage cream.

Effects:

- improved hydration and smoothness of the skin
- regeneration and oxidizing
- increase in endorphins

Price: 220 PLN

Massages:

- classic massage: whole body PLN 210 / 55 min partial PLN 120 / 25 min
- hot stone massage: whole body PLN 220 / 55 min partial PLN 120 / 25 min
- aroma therapeutic massage with Shea butter: whole body PLN 210 / 55 min partial PLN 120 / 25 min
- massage using oil with gold PLN 210 / 55 min
- Chinese bubble massage PLN 100
- head massage PLN 110
- face massage PLN 100
- foot massage PLN 90

Body treatment "Tea refreshment"

Body scrub based on white tea, white tea shea butter.

Effects:

- improved firmness and elasticity of the skin
- hydration and oiling
- refreshment and stimulation of the entire body

Price: 220 PLN

Hand and foot care

- paraffin bath of hands or feet PLN 70

Additional services:

- henna eyebrows / eyelashes PLN 40
- correction of eyebrow line **PLN 35**
- henna eyebrows with correction of eyebrow line PLN 50
- eye framing **PLN 70**
- cavitation peeling: PLN 60
- microdermabrasion: PLN 80
- Body peeling PLN 120



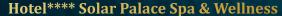
SPA Regulations

- 1. The Guest should arrive 5 minutes before the appointment for the treatment.
- 2. In case the Guest arrives late for the appointment, the Hotel reserves the right to shorten the duration of the treatment.
- 3. In case of cancelling or changing the date of the treatment, please inform the SPA Reception.
- 4. Booked, individual treatments not cancelled at last 4 hours before the planned visit will be charged 50% of their value. If the reservation is not changed or cancelled, the charge will amount to 75% of the value of the treatments.
- 5. Treatments which are a part of a package and which are not used in the arranged term are lost. The Guest is not entitled to a refund or any other compensation.
- 6. If the Guest has any medical restrictions to use some treatments, e.g. illness, pregnancy, ongoing medical treatment, recently suffered healthcare intervention, they are obliged to inform the person conducting the treatment.
- 7. People whose condition indicates alcohol or drug consumption as well as people with communicable diseases, rash, open wounds cannot use SPA treatments. Final decision is made by the employee of the SPA Reception or SPA& Wellness Manager.

8. It is advised to:

- avoid sunbathing directly before and after the treatments
- avoid abundant meals before the treatments
- have an hour rest after thermal treatments
- 9. The purchase of a given service is equivalent to submitting by the Guest a declaration that they do not have any medical restrictions to use the service and that they have familiarised with this Regulations and accept its conditions.
- 10. It is possible to change the elements of the SPA Package (massages, treatment) only in the case of documented medical restrictions.
- 11. People under the age 10 may use the SPA services and be in the SPA Zone only with the permission of their parents or legal guardians.



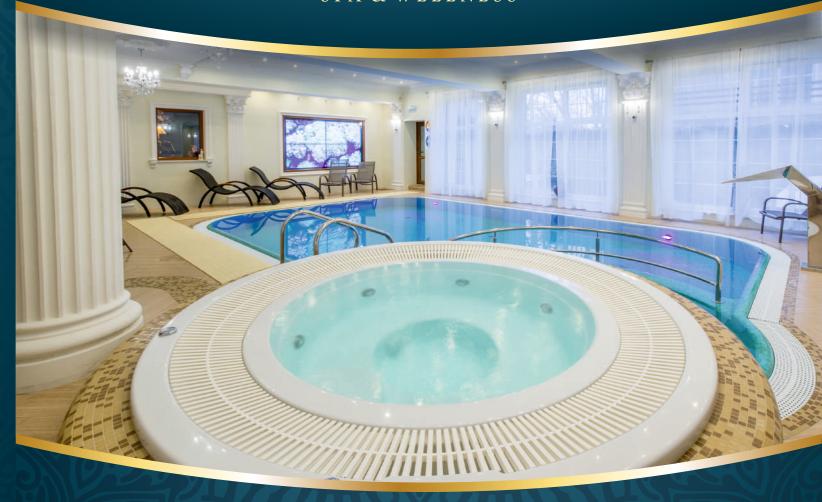


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SPA & WELLNESS



Menu Spa

SPA in Solar Palace Hotel

has four special beauty parlours where unforgettable relax provided by the qualified team of therapists and cosmetologists awaits you. The SPA offer is a paradise for the lovers of peace and quiet. A wide range of massages, rituals, face and body treatments based on renowned cosmetics will provide relief to all senses.

> Wellness Zone includes indoor pool with water attractions, wading pool for children and Jacuzzi. There is also a dry sauna with infrared function as well as a gym.

(Facial treatments NATINUEL - OUT OF LOVE FOR BEAUTY

Firmin - intensely firming and lifting treatment with filling effect

Intensive treatment for all women who expect immediate filling, firming and lifting effect. This treatment is also suitable for dry, delicate skin. It increases skin density, improves skin tone, firmness and flexibility. It also oxidises the skin.

Price: 300 PLN

Hydra – intensely hydrating treatment for dry, dehydrated and chapped skin

Intensely hydrating treatment for dry, dehydrated and chapped skin. It immediately hydrates the surface of the skin and after a series of treatments deep hydration is improved. It enhances regeneration of hydro-lipid film, visibly reduces skin dryness, improves cohesion of cells, regenerates and strengthens skin's barrier. It provides visible effects for rough, cracked and reddened skin.

Price: 280 PLN

HOMEO – treatment for sensitive skin prone to inflammations and couperose

Homeo in a unique way affects different biochemical mechanisms which are the causes of both vascular as well as neurogenic inflammations. HOMEO is an innovative treatment which targets the problems and allows to normalise the condition of sensitive skin prone to inflammations and with couperose. It relieves inflammations in acne rosacea.

Price: 300 PLN

Mando system - exfoliation, smoothing

Treatment with Almond Peeling for every skin type. It may be successfully used by people sunbathing or getting tan in solarium, with mild acne, tendency to discoloration or intolerance to other treatments with acids. It may be done throughout the year also during summer without the risk to sensitise the skin to sun or to get discoloration in the case of people with high phototype. It ensures luminous, radiant complexion.

Price: 260 PLN

Interactive system - biostimulation,

Rebuilding and thickening treatment designed for skin aging in a mild degree or as a prevention for every skin type with effects comparable to medical treatments. When skin loses its firmness and elasticity, the architecture of the face changes and this is the right time for intense therapy with complete restoring action such as this treatment. It has antioxidant effect and increases bioprotection of cell membranes.



Relax spa rituals

Coconut Ritual - harmonising cocoa-coconut ritual with massage

Składa się z kokosowego peelingu ciała, odmładzającej glinki ghassoul i nawilżenia skóry kremem kakaowym.

Recommendations:

- dry, sensitive, delicate skin
- feeling of stress and overwork
- nervousness, sleeplessness

Price: 240 PLN

Cherry Ritual - revitalising ritual with cherry blossom

It consists of cherry body peeling, partial massage with shea butter, moisturizing mask with green clay.

Recommendations:

- dry skin lacking vitality
- tendency to lose firmness, cellulite
- feeling of stress, overwork, lack of energy

Price: 240 PLN

Coffee Ritual: Body treatment "Touch of Coffee"

Coffee peeling, mask based on green clay and moisturizing the skin with cocoa butter

Effects:

- anti-cellulite and slimming action
- increased metabolism and micro-circulation
- energising and revitalising, elimination of toxins
- skin rejuvenation and illumination

Price: 240 PLN

